

OneEighty Client  
Demographics

**Client Information**

Client Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone Number \_\_\_\_\_

County: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Email address (optional): \_\_\_\_\_

For reminders/appointments would you prefer: Text Call Email

Sex: \_\_\_\_\_ Gender Identity: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Race Group: \_\_\_\_\_ Ethnicity Group: \_\_\_\_\_ Military Status: \_\_\_\_\_

Highest Level of Education: \_\_\_\_\_

Employment Status: \_\_\_\_\_ Source of income: \_\_\_\_\_

**Emergency Contact Information (Optional)**

Emergency Contact Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Can we leave a message at your emergency phone? Yes or No

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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Helping people change direction.

## ACKNOWLEDGEMENT AND TREATMENT CONSENT FORM

Name: \_\_\_\_\_

I have received (and if appropriate legal guardian/custodian has received) a written packet of all the information as indicated below:

- Informed Consent
- Treatment Consent
- Telehealth Consent
- Electronic Health Record and Billing Consent
- Confidentiality
- Client Rights
- Client Abuse Policy
- Client Fee Policy
- Client Responsibilities
- Policy regarding provision of services to sensory impaired clients
- Client Grievance Procedure
- HIV/AIDS, Hepatitis B/C & Tuberculosis Brochure

My signature below is to confirm that:

- A staff member of OneEighty has been available to explain the information and to answer any questions regarding the above packet.
- I have read and understand the content of each of the above forms, and consent to the same.
- I understand that OneEighty uses security cameras in common areas. I acknowledge and agree that if I am in a common area, I may be recorded for the purpose of maintaining safety on the premises.
- **I understand that OneEighty is a dynamic, integrated health system providing the following services: Addiction Services, Peer Support, Mental Health Services, Domestic Violence and Sexual Assault Services, Rape Crisis Center Services, Housing and Supportive Services and Prevention and Education Services. I further understand that the staff members are trained to provide appropriate treatment and/or services as needed in this area.**
- **I agree to treatment or services as offered by OneEighty:**  
\_\_\_\_\_ Myself      \_\_\_\_\_ My Child (or person for whom I am legal guardian/custodian)

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*(If needed)*

Legal Guardian/Custodian: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**OneEighty**  
**Client Financial Intake and Fee Agreement**  
 (You are responsible for informing us of any financial changes)

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Client Payment Type (please check all that apply):**

- Insurance (We need a copy of your insurance card)  
 Medicaid (If Medicaid only, proceed to bottom signature and we need a copy of your Medicaid card)  
 Medicare  
 Self-Pay (If you are 100% self-pay only - no Medicaid/Ins/Sliding Fee - proceed to bottom signature)  
 Other (specify) \_\_\_\_\_

**You will be charged 100% of the Fee Schedule until we receive copies of the following checked items:**

- 2 most recent paystubs       Insurance Card       Medicaid Card  
 Other: \_\_\_\_\_

Fill out this section if you have insurance and provide us with a copy of your card.

<b>Insurance Information</b>	
Policy Holder: _____	SS# _____
Policy Holder Date of Birth: _____	Relationship to Client: _____
<p>By signing below, you are electing to have your insurance company billed first and asking them to pay us directly. This does not release you from financial responsibility for the services received. If your insurance company sends reimbursement directly to you, you are responsible for paying OneEighty directly. You are ultimately responsible for any portion of the bill not satisfied by your insurance company.</p> <p>I, the undersigned, hereby authorize/request OneEighty, to disclose/receive information regarding diagnosis, treatment, and/or recommendation to/from my insurance company.</p> <p>I hereby assign and authorize payment of medical benefits from my insurance company to OneEighty, 104 Spink Street, Wooster OH 44691 for services rendered by OneEighty.</p>	
Policy Holder Signature	Date

Income includes spouse income.

<b>Self-Pay/Sliding Fee Scale Information</b>
<p><i>We offer a sliding fee scale for individuals who may not have the income or ability to pay the full fee. If you are interested in applying for assistance, please complete the following information and provide verification of income. You will be billed 100% of fees incurred for failure to provide proof of income.</i></p>
<p><b>Source of income:</b> (Please check all that apply) <input type="checkbox"/> Wages/Salary <input type="checkbox"/> Alimony <input type="checkbox"/> Savings/Invest <input type="checkbox"/> SSI <input type="checkbox"/> SSDI <input type="checkbox"/> SS Retirement <input type="checkbox"/> Child Support <input type="checkbox"/> Family or Relative <input type="checkbox"/> Disab/wComp <input type="checkbox"/> Retirement Pension <input type="checkbox"/> Gen Relief/Welfare <input type="checkbox"/> Aid for Dep Child <input type="checkbox"/> None <input type="checkbox"/> Other</p>
<p>Gross Monthly Family Income: _____ #of people claimed on income tax _____</p>
<p><b>Your % of the fees will be:</b> _____ %.</p>
<p><b>If it is determined that you are eligible for Medicaid, your financial scholarship will expire in 90 days at which time you will be responsible for 100% of your fees unless you have enrolled with Medicaid.</b></p>

1. If I am a self-pay client, I will pay my portion of the fee at the time of service, and if I am an insurance client and my insurance company does not pay 100% of the fee, I will pay the balance.
2. I understand that OneEighty will not refuse services for those who cannot pay, but if it has been determined I can pay, OneEighty will use various means to collect delinquent fees including collection agencies, withholding of recommendations and final discharges, and small claims court.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Responsible Party Signature \_\_\_\_\_ Date \_\_\_\_\_



**CONSENT TO RELEASE FOR BILLING**  
**AUTHORIZING DISCLOSURE OF CONFIDENTIAL SUD PATIENT RECORDS**

I, \_\_\_\_\_,

[Client's Name]

authorize OneEighty, Inc. and its agents, contractors and affiliates to disclose any and all medical information regarding my treatment, including but not limited to any substance use disorder records to my insurance company \_\_\_\_\_ for the purpose of payment purposes.  
[Name of Insurance Company]

I understand that my substance use disorder records are protected under federal law, including the federal regulations governing the confidentiality of substance use disorder patient records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.F.R. Parts 160 and 164, and cannot be disclosed without my written consent unless otherwise provided for by the regulations.

I understand that I may revoke this authorization at any time except to the extent that action has been taken in reliance on it. Unless I revoke my consent earlier, this consent will expire automatically as follows:

upon termination of my treatment by OneEighty, Inc., after all payment for services has been received, and after the conclusion of any retention periods required by law.

I understand that I may be denied services if I refuse to consent to disclosure for purposes of treatment, payment, or healthcare operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes.

I have been provided a copy of this form.

Dated: \_\_\_\_\_

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Signature of person signing form if not Client

Describe authority to sign on behalf of Client \_\_\_\_\_

**CONSENT TO RELEASE FOR BILLING**  
**AUTHORIZING DISCLOSURE OF CONFIDENTIAL SUD PATIENT RECORDS**

**Revocation of Consent:**

Dated: \_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Signature of person signing form if not Client

Describe authority to sign on behalf of Client \_\_\_\_\_

\_\_\_\_\_

Date revoked: \_\_\_\_\_

Staff initials: \_\_\_\_\_

**CONSENT TO RELEASE TO MEDICAL  
LABORATORY SERVICES AND FOR BILLING  
AUTHORIZING DISCLOSURE OF CONFIDENTIAL SUD PATIENT RECORDS**

I, \_\_\_\_\_,  
[Client's Name]  
authorize OneEighty, Inc. and its agents, contractors and affiliates to disclose any and all medical information regarding my treatment, including but not limited to any substance use disorder records to Three Rivers Diagnostic for the purpose of laboratory services and allowing Three Rivers Diagnostic to send any relevant information to my third-party payer entity, if any, for payment purposes.

I understand that by substance use disorder records are protected under federal law, including the federal regulations governing the confidentiality of substance use disorder patient records, 42 C.F.R Part 2, and the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.F.R. Parts 160 and 164, and cannot be disclosed without my written consent unless otherwise provided for by the regulations.

I understand that I may revoke this authorization at any time except to the extent that action has been taken in reliance on it. Unless I revoke my consent earlier, this consent will expire automatically as follows:

upon termination of my treatment by OneEighty, Inc., after all payment for services has been received, and after the conclusion of any retention periods required by law.

I understand that I may be denied services if I refuse to consent to disclosure for purposes of treatment, payment, or healthcare operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes.

I have been provided a copy of this form.

Dated: \_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Signature of person signing form if not Client

Describe authority to sign on behalf of Client \_\_\_\_\_  
\_\_\_\_\_

**Revocation of Consent:**

Dated: \_\_\_\_\_

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Signature of person signing form if not Client

Describe authority to sign on behalf of Client  
\_\_\_\_\_  
\_\_\_\_\_

Date revoked: \_\_\_\_\_

Staff initials: \_\_\_\_\_

**AUTHORIZATION FOR DISCLOSURE OF CONFIDENTIAL INFORMATION ABOUT PERSONS  
RECEIVING SERVICES FROM ONEEIGHTY**

I, (Client name) \_\_\_\_\_, authorizes OneEighty to disclose to the Mental Health and Recovery Board of Wayne and Holmes Counties (ADAS/ADAMH), the Ohio Department of Behavioral Health, and/or Job and Family Services ("Departments") from whom I may be seeking funding for services, the information necessary to accomplish the following purposes:

- To enroll in SmartCare, which is the shared computer payment system used by CMH/ADAS/ADAMH Boards and the Departments.
- To determine my eligibility for publicly funded services
- To pay claims for services I receive
- To report information required by the ADAS/ADAMH Board and/or the Departments regarding characteristics of individuals seeking services and the services provided. I understand that the Board and Departments use the information in aggregate form of service planning and evaluation purposes

I understand that I must authorize disclosure of information necessary for payment purposes in order to receive behavioral health, alcohol, and drug addiction services. My treatment or payment for my services cannot be conditioned upon my giving authorization for any purpose other than payment.

If I am not receiving funding from the ADAS/ADAMH Boards and Departments, I am authorizing OneEighty to only disclose the following information:

- To report information, as required by the Ohio law, about reportable incidents that may occur while I am receiving services to the ADAS/ADAMH Board and Department(s)

I understand that I may revoke this authorization at any time, except to the extent action has been taken in reliance on it. If not previously revoked, this authorization will expire six (6) months after no longer receiving any services with OneEighty.

I understand that the information disclosed is protected by law and may not be disclosed further without my written authorization or as otherwise permitted by law; however, I understand that OneEighty cannot control the use of this information once it has been disclosed.

\_\_\_\_\_  
Signature of Individual (Client) \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Personal Representative \_\_\_\_\_  
Date

\*\*\*\*\*

Explanation of efforts to obtain authorization, if signature is declined:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature of Staff person attempting to obtain authorization \_\_\_\_\_  
Date

## SMARTCARE RESIDENCY VERIFICATION

The purpose of this form is to clarify which county is responsible for adjudicating claims for behavioral health services provided to the client being enrolled. It should be completed and provided to the enrolling board when:

- The county of the treating facility does not match the legal county of residence of the client as noted on the enrollment form (child or adult, out-of-county).
- The physical address of the client as noted on the enrollment form does not match the legal county of residence of the client (example: domestic violence shelter case, client temporarily living with relatives, child or adult, out-of-county).
- The child's physical address as noted on the enrollment form does not match the legal custodian's address (child only, in or out-of-county).

A client's or legal custodian's signature on this form shall be sufficient for documenting residency with the exception of adults who reside in specialized residential facilities or who are committed pursuant to special forensic categories referenced in the residency guidelines. \*

### Adult

Client is an adult? <input type="checkbox"/> Yes <input type="checkbox"/> No <b>If yes, complete the following information.</b>	
Client Name (please print)	
Street Address for Residency Determination Purposes	
City, State, and Zip for Residency Determination Purposes	
Signature of Client	Date

### Minor

Client is a Minor? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, indicate if child is in legal custody of the following (this is not the foster parent). <input type="checkbox"/> Parent <input type="checkbox"/> CSB <input type="checkbox"/> DYS <input type="checkbox"/> Court <input type="checkbox"/> Other (specify): _____
Client Name (please print)	
Name of Legal Custodian Marked Above	Phone No. of Legal Custodian
County of Legal Custodian	
If Parent, Address of Parent (if different from client's physical address on enrollment form)	
Signature of Legal Custodian	Date

\*For special exceptions noted, this form should be completed for more information on how to determine residency documentation is needed to provide proof of residence.

Name: \_\_\_\_\_

Date: \_\_\_\_\_



## Client Information Form- Adult

In a few words or sentences what help, or services do you need from OneEighty? How can we help you? \_\_\_\_\_

### Demographic Information

**Gender:**

Female      Trans Female      Male      Trans Male      Decline to answer      Other

**Pronouns:**

She/Her/Hers      He/Him/His      They/Them/Theirs      Ze      Other

**Date of Birth:** \_\_\_\_\_

**SSN:** \_\_\_\_\_

**Marital Status:**

Single/Never Married      Separated      Married/Living together as Married  
Divorced/Annulled      Widowed

**Race:**

Alaska Native      American Indian      Asian      Black/African American  
Caucasian/White      Native Hawaiian/Other Pacific Islander  
Other single race      Two or more races

**Ethnicity:**

Cuban      Hispanic-Specific Origin not given      Mexican      Not of Hispanic Origin  
Puerto Rican      Other Specific Hispanic

**Living Situation:**

Private Residence (rent or own)      Friends or Family Home      Foster Care  
Homeless/lacking a permanent Residence      Jail/Correctional Facility  
Permanent Supportive Housing      Residential Care/Group Home/ACF  
Community Residence      Temporary Housing      Mental Health Institution  
Nursing Home      DD Licensed/Operated Facility      Other Institution

**Number of Children in the household under 18:** \_\_\_\_\_

**Current Life Stressors:** Mark all that apply

Financial      Family      Job      Health Issues      Housing Difficulties  
Legal Trouble      Chronic Pain      Grief/Loss      Recent Trauma (i.e. victim of crime, abuse,  
natural disaster)      Other: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Any Current Physical Disabilities/Limitations:** Yes No

If yes, describe: \_\_\_\_\_

**Do you need any assistive devices or interpreters to participate in services:** Yes No

If yes, describe: \_\_\_\_\_

**What is the best way to communicate** (reminders, changes in schedule):

Phone call    Text Message    Email    Other

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

**Would you like to list someone as an Emergency Contact:** Yes No

If yes provide Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone number: \_\_\_\_\_

### Health History

**Primary Care Physician or Business name:** \_\_\_\_\_

**Date of last examination:** \_\_\_\_\_

**Medications currently being taken:**

Name	Dose	How long Taken	Prescribing Physician	Effectiveness
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**Medications previously taken:**

Name	Dose	How long Taken	Prescribing Physician	Effectiveness
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**Do you take any OTC (over the counter) medications?** Yes No

If yes, what do you take: \_\_\_\_\_

**Allergies (drug or food):** \_\_\_\_\_

**Childbirth History (Skip if not applicable):**

**Currently Pregnant:** Yes No    1<sup>st</sup> Trimester    2<sup>nd</sup> Trimester    3rd Trimester

If yes, are you receiving prenatal care or do you need assistance? \_\_\_\_\_

**Childbirth within the last 5 years:** Yes No    **Total Number of births (live & still):** \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Physical Health Issues:** Please indicate if you currently have, or have ever had, any of the following physical health issues. Select any that apply:

Anemia	Arthritis	Asthma	Back Problems
Bronchitis/Emphysema		Cataracts	Cancer Diabetes
Hay fever/allergy	Headaches	Heart Disease	Hearing loss
Hepatitis/Liver DX	High Blood Pressure	Kidney/Renal DX	
Pneumonia	Seizure/Epilepsy	Sinus Problems	Skin Disease
Stroke	Thyroid Disease	Tuberculosis	Tumors
Ulcers	Vascular Dx	Vision Problems	Other (complete next line)

List other significant Physical Health issues and date when occurring: \_\_\_\_\_

**Significant weight loss/gain in the last year:** Yes No  
If yes, how much change? Gained 10lbs gained 20lbs gained 30 or more lbs  
lost 10lbs lost 20lbs lost 30 or more lbs

**Hospitalizations in the last 3 years:** Yes No

If yes, please complete:

Hospital name	Location (City)	Date(s)	Reason
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**Emergency Room Visits in the last year:** Yes No

If yes, please complete:

Hospital name	Location (City)	Date(s)	Reason
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**Do you currently use any of the following:**

**Tobacco Products:** Yes No If yes, please complete the following:

What products: Cigarettes Chew Cigars Vape

How much used and length of use (#packs/#years): \_\_\_\_\_

Coffee, Tea, Cola: Yes No If yes, how much: \_\_\_\_\_

**Have you previously used any tobacco products:** Yes No

If yes, please explain: \_\_\_\_\_

**Do you have any health concerns not listed on this form?** Yes No

If yes, please explain: \_\_\_\_\_

**Do you use any Complementary Health Practices** (natural products, yoga, non-traditional healers, etc)? Yes No If yes, please explain: \_\_\_\_\_

**Do you have any difficulties with Activities of Daily Life** (bathing, dressing, obtaining meals)?

Yes No If yes, please explain: \_\_\_\_\_

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## Liability Waiver for Clients Riding in Company or Employee Vehicles

I, \_\_\_\_\_, hereby acknowledge and agree to the following terms and conditions regarding riding in a company or employee vehicle:

1. I understand riding in a company or employee vehicle is not a requirement of receiving services from OneEighty. There is an exception related to residential clients (Pathway and WRTC) as described below in item 4.
2. Transportation options may be presented by OneEighty from time to time for client convenience. If I am presented with the option for transportation by OneEighty, I have the free will to voluntarily accept it or reject it and instead choose my own transportation option independent of OneEighty.
3. Prior to accepting a transportation option presented by OneEighty, I understand that whenever I ride in any vehicle there are inherent risks, including but not limited to accidents, injury, property damage, and other unforeseen incidents.
4. For their safety, program supervision requirements, and as part of their treatment plans, residential clients (Pathway and WRTC) are required to be transported by OneEighty staff between the residential sites, main office and local 12-step meetings.
5. Prior to accepting a transportation option presented by OneEighty, I acknowledge I am assuming the risks associated with riding in the company or employee vehicle, and I hereby release, waive, discharge, and covenant not to sue OneEighty, its employees, agents, affiliates, successors, and assigns from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me while riding in the company or employee vehicle.
6. In addition, in the event I choose to ride in a company or employee vehicle, I agree to always comply with all applicable laws, regulations, and safety precautions while being provided transportation.

I have carefully read and fully understand the contents of this liability waiver. I voluntarily agree to its terms and sign it of my own free will.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

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## Patient Health Questionnaire (PHQ-9)

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

	Not at all	Several days	More than half the days	Nearly every day
1. Over the <i>last 2 weeks</i> , how often have you been bothered by any of the following problems?				
a. Little interest or pleasure in doing things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Feeling or appearing down, depressed or hopeless.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Trouble falling or staying asleep or sleeping too much.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Feeling tired or having little energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Poor appetite or overeating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Indicating that s/he feels bad about self, is a failure, or has let self or family down.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Trouble concentrating on things, such as reading the newspaper or watching television.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Moving or speaking so slowly that other people have noticed, or the opposite - being so fidgety or restless that s/he has been moving around a lot more than usual.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. States that life isn't worth living, wishes for death, or attempts to harm self.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Being short-tempered, easily annoyed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## GAD-7 Anxiety

Over the <u>last two weeks</u> , how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid, as if something awful might happen	0	1	2	3

Column totals    \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ =  
*Total score* \_\_\_\_\_

If you checked any problems, how difficult have they made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all

Somewhat difficult

Very difficult

Extremely difficult

Source: Primary Care Evaluation of Mental Disorders Patient Health Questionnaire (PRIME-MD-PHQ). The PHQ was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, and colleagues. For research information, contact Dr. Spitzer at [ris8@columbia.edu](mailto:ris8@columbia.edu). PRIME-MD® is a trademark of Pfizer Inc. Copyright© 1999 Pfizer Inc. All rights reserved. Reproduced with permission

## Scoring GAD-7 Anxiety Severity

This is calculated by assigning scores of 0, 1, 2, and 3 to the response categories, respectively, of “not at all,” “several days,” “more than half the days,” and “nearly every day.” GAD-7 total score for the seven items ranges from 0 to 21.

0–4: minimal anxiety

5–9: mild anxiety

10–14: moderate anxiety

15–21: severe anxiety

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Adverse Childhood Experience (ACE) Questionnaire

### Finding your ACE Score ra hbr 10 24 06

**While you were growing up, during your first 18 years of life:**

1. Did a parent or other adult in the household **often** ...  
Swear at you, insult you, put you down, or humiliate you?  
**or**  
Act in a way that made you afraid that you might be physically hurt?  
Yes No If yes enter 1 \_\_\_\_\_
  
2. Did a parent or other adult in the household **often** ...  
Push, grab, slap, or throw something at you?  
**or**  
**Ever** hit you so hard that you had marks or were injured?  
Yes No If yes enter 1 \_\_\_\_\_
  
3. Did an adult or person at least 5 years older than you **ever**...  
Touch or fondle you or have you touch their body in a sexual way?  
**or**  
Try to or actually have oral, anal, or vaginal sex with you?  
Yes No If yes enter 1 \_\_\_\_\_
  
4. Did you **often** feel that ...  
No one in your family loved you or thought you were important or special?  
**or**  
Your family didn't look out for each other, feel close to each other, or support each other?  
Yes No If yes enter 1 \_\_\_\_\_
  
5. Did you **often** feel that ...  
You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?  
**or**  
Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?  
Yes No If yes enter 1 \_\_\_\_\_
  
6. Were your parents **ever** separated or divorced?  
Yes No If yes enter 1 \_\_\_\_\_
  
7. Was your mother or stepmother:  
**Often** pushed, grabbed, slapped, or had something thrown at her?  
**or**  
**Sometimes or often** kicked, bitten, hit with a fist, or hit with something hard?  
**or**  
**Ever** repeatedly hit over at least a few minutes or threatened with a gun or knife?  
Yes No If yes enter 1 \_\_\_\_\_
  
8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?  
Yes No If yes enter 1 \_\_\_\_\_
  
9. Was a household member depressed or mentally ill or did a household member attempt suicide?  
Yes No If yes enter 1 \_\_\_\_\_
  
10. Did a household member go to prison?  
Yes No If yes enter 1 \_\_\_\_\_

**Now add up your "Yes" answers: \_\_\_\_\_ This is your ACE Score**

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