

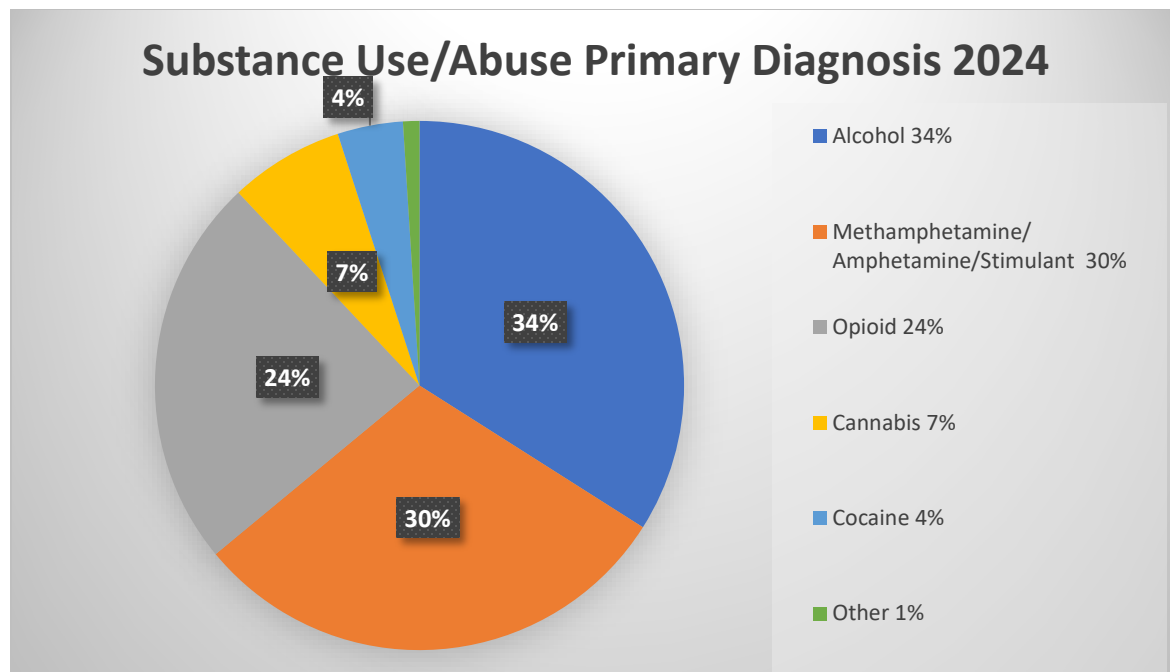
## Executive Summary

During FY'24, One Eighty provided clinical services to 1711 individuals which was a 6% increase from FY'23. The number of services increased as well from 79,635 to 88,330 (10% increase). Adjustments were made to overcome the lack of workforce available to provide the services.

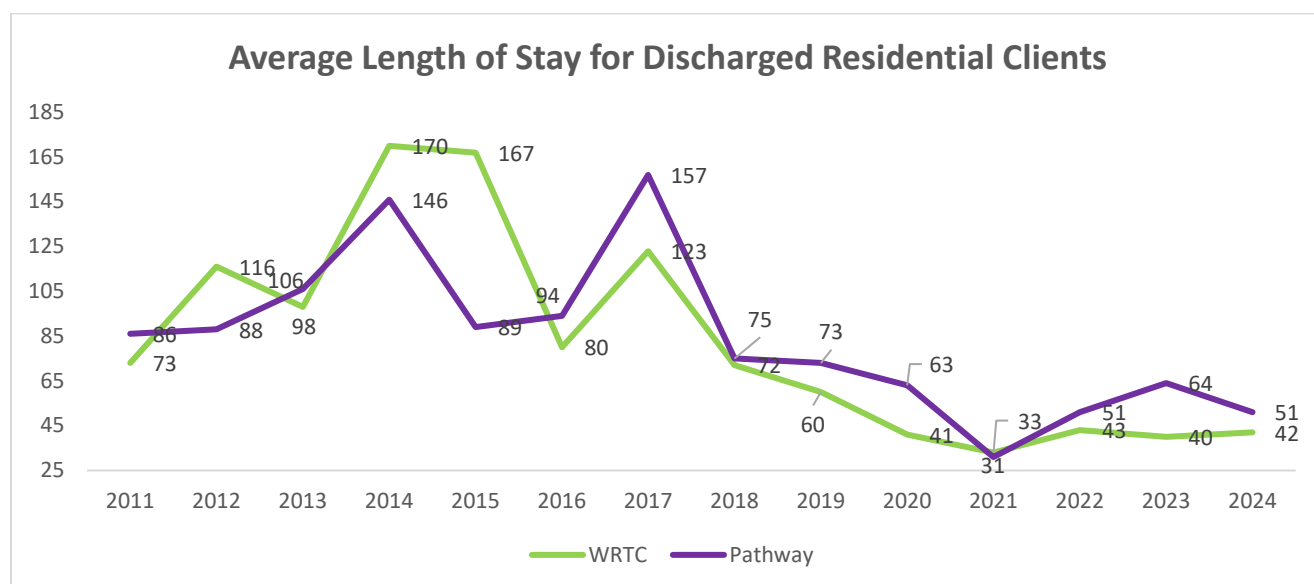
Services were provided in the following areas: substance abuse, victim services, mental health, supportive services and community relations and prevention programming. Numerous evidence-based treatment approaches are utilized such as the Matrix Model, Dialectical Behavior Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), Trauma Informed Care (TIC), Motivational Interviewing and Equine Therapy. Evidenced based prevention programs include community coalitions and youth mentoring among others.

Substance Abuse Services: The following substance abuse treatment services were provided by OneEighty staff – assessments, individual, group and family outpatient counseling, intensive outpatient, partial hospitalization, jail-based counseling programs, medical services, residential programs and recovery supports. In addition, OneEighty provided psychosocial assessments, peer support and discharge planning to patients in the Wooster Community Hospital RAMP program. This is a medical stabilization program for people needing detoxification from alcohol and opiates.

The most common Diagnosis for Substance Use in FY 2024 was for Alcohol Dependence (34% - decreased from 35%), followed by Methamphetamines/Amphetamine/Stimulants (30% - increase from 28%) and Opioid (24% -decreased from 26%). This is an increase in the number of clients with a diagnosis for Methamphetamine/Amphetamine/Stimulant which may be due to its availability and cost. It is important to note that 77% of clients have more than 1 diagnosis, only the primary diagnosis is used for Primary Diagnosis data. Additionally, 65% of clients assessed this year had a substance use disorder primary diagnosis and 35% had a Mental Health primary diagnosis.



Residential treatment programs have experienced a significant decrease in length of stay for clients due to changes in Medicaid. The average length of stay has decreased from 123 days in FY'17 to 41 days in FY'24. As a result of this shortened stay, we are developing additional transitional and support services to help clients maintain their sobriety after being discharged from residential treatment. These include transitional and recovery housing, the OASIS recovery club, Peer Support, and a partial hospitalization program.



\* This includes residential and transitional days

OneEighty collects significant outcome data which is outlined further below.

#### Outcome data examples

##### Outpatient Counseling

- \* 92% of outpatients had a positive discharge.
- \* 90% had no new arrests

##### Intensive Outpatient Treatment

- \* 84% of participants reported sobriety 90 days post discharge.
- \* 92% attended at least 4 weeks of treatment

##### Jail Based Addiction Treatment

- \* 61% of participants were not arrested within 2 years of program participation.
- \* 90% engaged in other jail services (re-entry services, psych services, probation involvement)
- \* 97% had no new charges due to behavior in jail
- \* Clients are now offered the option of a Vivitrol shot prior to discharge from the jail with follow up at OneEighty

##### Medical Services

- \* 180 individuals received medication assisted treatment with no medical complications
- \* There were 413 Vivitrol injections and 175 Sublocade injections provided to clients.
- \* 18 pregnant women were served
- \* Treatment for uncomplicated Hepatitis C is now be provided to clients of OneEighty.

##### Residential Treatment

- \* 187 people received 8121 days of residential and transitional treatment
- \* 60% received positive discharges and 62% reported continuous sobriety 90 days post discharge

##### Peer Support

- \* 326 individuals were provided peer support services
- \* 83% of those provided peer recovery services reported continued sobriety 30 days after discharge
- \* 53 individuals lived in recovery housing and 95% did not have any further involvement with the criminal justice system.
- \* There were 84 individuals served through the transitional housing program. This is a program where individuals can live for 30-90 days post residential treatment. This provides an opportunity to find more permanent housing and a job. This was a new program in FY'22.

##### RAMP Program

- \* 394 patients were served by the RAMP program
- \* 35% of the patients followed up with OneEighty for ongoing treatment services; of these clients, 57% attended 4 or more sessions

The OneEighty staff also partner with the Wayne County Sheriff's office to follow up with individuals who have presented at Wooster Community Hospital with an overdose. This is called the **Quick Response Team (QRT)**. The team attempted to contact 57 individuals in FY'24 and left information with 63% of them.

The **Substance Use Hotline** program is staffed by OneEighty counselors 24 hours per day, 365 days per year. Individuals in need of treatment can contact the Substance Use Hotline to arrange for treatment services as needed. This line is also used by clients and first responders, family members and others who are trying to help someone in distress. **There were 586 calls in FY'24.** The highest number of calls (423) were from individuals seeking treatment or other assistance with the second highest number of calls from Family and Friends (80). Wooster Community Hospital initiated 56 calls.

There are two **drug courts** in Wayne County – one through Common Pleas Court and one through the Juvenile Court (aimed at parents trying to keep their children). OneEighty partners with both courts to provide treatment services and peer support. Drug Courts offer high intensity treatment, during FY'24 there were 45 individuals served by the Drug Court programs.

OneEighty initiated a **partial hospitalization program** last year for clients with substance use disorders. Clients participate in the program five days per week, four hours per day. Typically, the program is used as a “step down” from residential treatment coupled with transitional housing. There were 80 clients served in the partial hospitalization program and 96% had no new arrests. Typically, clients live in transitional housing while participating in the program. This is one strategy to provide clients with supportive services immediately after discharge from residential treatment. Outcome data resulting from pairing housing and intensive treatment are positive and encouraging.

Victim Services: OneEighty provides a 24-hour hotline services for victims and children who need sheltered. **There were 218 calls this year.** During the past year, the shelter provided 10,739 days shelter for 180 victims and children. The average length of stay was 92 days. This year, Victim Advocacy provided services to 629 individuals with a total of 1830 hours.

Mental Health Services: OneEighty provides outpatient mental health services and mental health services at the jail. The most common mental health diagnosis was depression (32%) and posttraumatic stress disorder (26%).

Supportive services: The Supportive Services department assists clients with accessing services to aid in their recovery from addiction, domestic violence, or homelessness. Primarily the department connects clients with housing through rental/utility assistance and case management. There were 213 households served in FY'24. Clients are also linked with transportation and other supports. Homelessness is an issue that continued to receive significant community concern through FY'24. OneEighty staff lead the Housing Coalition and the Point in Time Count (an outreach effort that occurred in January this year to identify the number of homeless people in the community. The Point in Time count identified 117 homeless individuals, 74 in a homeless shelter, and 43 in places not meant for habitation. This does not include those who “couch surf” which is seen more commonly in rural communities such as Wayne County.

The cold weather shelter was created through collaborative efforts. Individuals are able to stay in the cold weather shelter when the temperature feels 20 degrees or lower. The “Living Room” was also opened which provides a place for homeless individuals to go during the day to shower, charge their phones, eat, and access services. Both programs represent significant community collaboration. Efforts are progressing to create a supportive housing facility for homeless individuals with significant mental illness and/or substance use disorders. This is being led by Metro Housing, with funding assistance from the MHRB, and collaborative efforts with OneEighty.

Community Relations and Prevention: The Community Relations and Prevention Department is comprised of the following programs – Community Coalitions, School Based Program (Violence Prevention and Substance Abuse Prevention), Coordinated Community Response to Domestic Violence, Youth Mentoring, Youth Led Prevention, Drug Free Workplace, Outreach and Volunteer Management.

Community Coalitions exist in Wooster (CIRCLE), Orrville Area (Turning Point), Rittman (SALT), and surrounding communities are served by the Wayne County Coalitions team. Coalitions are focused on environmental change that supports youth remaining free from alcohol, tobacco, and other drugs. The staff have continued to identify funding streams for prevention programming. The Strategic Planning Framework project came to culmination but left Wayne County a viable prevention plan which is assessed every 2-3 years. The OneEighty Prevention Department provides staff for the coalitions. In addition, the staff serve as facilitators of the Prevention Committee of the Partnership for a Drug Free Wayne County and community.

Violence prevention and substance abuse prevention programs were provided in all Wayne and Holmes County Schools. Prevention mentoring is provided in 5 local school districts.

The Coordinated Community Response Coordinator works to assure that the “system” works well for victims of domestic violence and sexual assault. She provides leadership to the Domestic Violence/Sexual Assault Coalition which has led the implementation of the Danger Assessment. This tool is used by law enforcement to assess lethality in domestic violence situations.

Financial and Human Resources:

OneEighty, Inc. ended the fiscal year with a net gain of \$557,448. It is broken down as follow:

- \* \$279,570 investment gain from funds at the Wayne County Community
- \* Without investment gains, our year end net gain is \$277,878.

Our revenue diversification for the year can be summarized as follows:

- \* 3% philanthropic
- \* 36% earned income
- \* 61% grants/contracts

We are fortunate for the community support that we receive. Our donations and fundraising for FY24 are as follows:

- \* Friends of Wayne Eighty - \$71,274
- \* Holmes County Friends and Neighbors - \$20,722
- \* Donations - \$252,407

Our expenses are allocated as follows:

- \* wages and fringe – 72%
- \* other – 16%
- \* properties – 4%
- \* client assistance – 5%
- \* technology – 2%
- \* human resources – 1%