














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Domestic Violence Awareness Month		1 Put the Nail in It Paint your ring fingernail purple, and take the #PutTheNailInIt vow to help spread awareness of domestic violence putthenailinit.com 	2 Domestic violence affects people of all genders, ages, races, religions, and socioeconomic backgrounds. It is a pattern of behaviors based on the exertion of power and control by one partner over the other in an intimate relationship.	3 National Domestic Violence Statistics. *There are more than 20,000 phone calls placed to DV hotlines nationwide daily. *The presence of a gun in a DV situation increases the risk of homicide by 500% https://ncadv.org/STATISTICS	4 Power & Control Wheel This tool was created by both victims and professionals to help people better understand what Power and Control looks like in an unhealthy relationship. For a variety of wheels, click HERE 	5 "Nobody can go back and start a new beginning, but anyone can start today and make a new beginning." -Maria Robinson
6 Sunday Stats In 2023, OneEighty provided services to 809 survivors and their children 	7 Domestic violence awareness Month evolved from the first Day of Unity observed in October 1981 by the NCADV. The intent was to connect battered women's advocates across the nation who were working to end violence against women and their children. The Day of Unity is now celebrated on the first Monday in October.	8 Go to your local library and check out a domestic violence related book or resource guide. While you're there, find the OneEighty Domestic Violence Awareness Month display materials! 	9 "Stand up for yourself and your rights as a human being. You are strong. You are beautiful. And there is more to life than walking on eggshells." -Domestic Violence Survivor	10 Domestic Violence Awareness Month Press Conference and Reception 10am-11:30am Ohio Statehouse Atrium & Online Release of the 2023 DV Fatalities Report	11 "In Her Shoes" an interactive walk-through workshop to increase awareness of the struggles domestic violence victims face, & to show that we all have a role in the movement to end domestic violence 10am-12pm 1pm-3pm 34-C South Clay St, Millersburg Reservations are required. Please call 330-674-1020	12 "Positive Parenting" contributes significantly to teens being less tolerant of unhealthy and abusive relationship behaviors. Use this guide to talk to your teens about dating abuse prevention.

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<p>13</p> <p>Sunday Stats In 2023, OneEighty answered 403 crisis hotline calls</p> 	<p>14</p> <p>Read the Wayne and Holmes Counties Commissioners' 2023 Domestic Violence Awareness Month (DVAM) Proclamations</p> <p>www.one-eighty.org</p>	<p>15</p> <p>Update your profile pictures to include a purple ribbon.</p>  <p>Follow NCADV, ODVN and OneEighty on social media and to share resources, blog/vlogs, and messages of support and encouragement for domestic violence survivors.</p>	<p>16</p> <p>YOU'RE INVITED</p>  <p>OneEighty 50th Anniversary Celebration</p> <p>4pm – 7pm at Gault Liberty Center 104 Spink Street - Wooster</p>	<p>17</p> <p>Wear Purple for #Purple Thursday. Use wearing purple as a conversation starter and support for survivors. Share your commitment to ending domestic violence.</p> 	<p>18</p> <p>LGBTQIA+ RESOURCES tnlr.org</p> <p>thehotline.org/resources/abuse-in-lgbtq-communities/</p> <p>lgbtcleveland.org</p> <p>thetrevorproject.org</p> <p>pflagcleveland.org</p> 	<p>19</p> <p>"Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down."</p> <p>-Roy T. Bennett</p>
<p>20</p> <p>Sunday Stats In 2023, OneEighty provided family shelter 10,739 days to survivors and their children, up 14% from the prior year</p> 	<p>21</p>  <p>Visit https://nomore.org/take-action/ and take the pledge to help end domestic violence</p>	<p>22</p> <p>Finding Purpose Call a victim advocate at 330.264.8498 to register for the bi-weekly domestic violence survivors' virtual evening support group</p>	<p>23</p> <p>"You are not the darkness you endured. You are the light that refused to surrender."</p> <p>-John Mark Green</p>	<p>24</p> <p>DVAM Day of Giving Survivors, advocates, and programs urgently need support. Visit www.one-eighty.org or another agency that supports survivors and donate today.</p>  <p>Helping people change direction.</p>	<p>25</p> <p>DV in Ohio (NCADV) *38% of women and 33% of men experience intimate partner physical violence, intimate partner rape and/or intimate partner stalking in their lifetimes</p> <p>*In a 24hr survey period, hotlines nationally answered 676 calls, averaging 28 calls/hr</p>	<p>26</p>  <p>Learn about volunteering opportunities at OneEighty</p> <p>Contact Volunteer Coordinator - Dwight Sprang: sprangd@one-eighty.org</p>
<p>27</p> <p>Donate toiletries such as toothpaste, shampoo, deodorant, or soap to OneEighty's emergency domestic violence shelter. Items may be dropped off at the Gault Liberty Center – 104 Spink Street in Wooster</p>	<p>28</p> <p>Discuss domestic violence within your faith-based community. If you would like to host a guest speaker, contact Response Coordinator & Victim Advocate - Gayle Byrne: byrneg@one-eighty.org</p>	<p>29</p> <p>What can you do now? Research candidates' positions on domestic violence reform and funding plans at all levels of government. Contact your local representatives.</p>	<p>30</p> <p>Educate yourself and those around you on the importance of a thorough safety plan HERE Safety planning can help protect and keep you safe in a dangerous situation and prepare you to react quickly.</p>	<p>31</p> <p>On behalf of OneEighty staff, board members, and survivors, thank you for joining us in the fight to End Domestic Violence.</p> <p>Relationships are not supposed to be scary. Spread love, not fear.</p> <p>#1Thing</p> 	<p>If you or someone you know is a victim of domestic violence and need assistance, please call our 24 – Hour Hotline: 1.800.686.1122</p>  <p>Helping people change direction.</p>	