

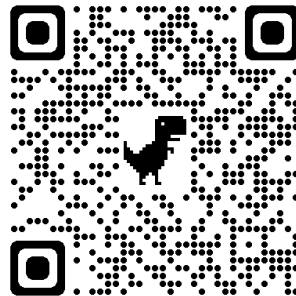
F2F

## Be The Change Blog

Fear 2 Freedom is a non-profit organization that was founded by Rosemary Tribble, a survivor of sexual assault, in 2011 to heal and to help other survivors. In addition to providing educational prevention programming and survivor support, the *Be the Change* blog provides a forum for survivors to share their stories and relate to others about the difficult emotions that are often impossible to share with loved ones that haven't been through similar trauma. It is a source of inspiration and healing.

Please visit or share the link below:

<https://www.fear2freedom.org/blog>



*If you or someone you know is a victim of sexual violence and needs assistance, please call the 24-Hour Crisis Hotline:*

