

Free telephone support to our community members who may be struggling with the health crisis and the Stay-At-Home Order.

Provided by OneEighty, ANAZAO and The Counseling Center

If

you or a loved one is struggling with stress or anxiety due to the pandemic and would like help, we are here for you.

We are offering two free 30 minute support sessions.

OneEighty, ANAZAO, and The Counseling Center have experienced, licensed counselors available to assist you during this unprecedented time.

## Please call your preferred provider:







330.264.8498

330.264.9597

330.264.9029

www.one-eighty.org

www.anazao.co

www.ccwhc.org

Providing supportive listening, emotional support and coping ideas.

Callers can be anonymous.



<sup>\*24-</sup>Hour Mental Health Crisis Line: 330.264.9029/877.264.9029

<sup>\*</sup>Wayne County 24-Hour Treatment Navigator (substance use): 330-466-0678

<sup>\*</sup>Holmes County 24-Hour Treatment Navigator (substance use): 330-439-9567

<sup>\*24-</sup>Hour Domestic Violence & Sexual Assault Hotline: 800.686.1122