



OneEighty

Helping people change direction.

72-Hour Alcohol Education Program (AEP), an Impaired Driver Program

Welcome to OneEighty! We are a dynamic, integrated health system operating multiple facilities and six major service programs: Addiction Services, Mental Health Services, Domestic Violence and Sexual Assault Services, Rape Crisis Center, Housing and Supportive Services and Prevention and Wellness Services.

Wayne County Office

Gault Liberty Center - 104 Spink Street, Wooster, Ohio 44691

Phone 330.264.8498 Fax 330.264.3777

Office Hours: Monday-Friday 8:00 am–5:00 pm, Evening hours by appointment

Holmes County Office

34C S. Clay Street, Millersburg, Ohio 44654

Phone 330.674.1020; Fax 330.674.1047

Office Hours: Monday–Friday 8:00 am – 5:00 pm

Milltown Professional Building

128 E. Milltown Road, Suite 105, Wooster, OH 44691

Hours by appointment

24 Hour Hotline

Phone 330.263.1020; Toll Free 1.800.686.1122

Visit us on the web-www.one-eighty.org

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WELCOME

Due to your arrest/conviction for driving under the influence, you are being referred to participate in the Alcohol Education Program (AEP). AEP is a 72 consecutive hour residential program that is intended to accomplish two goals:

1. To provide information and education about alcohol and other drug use and abuse as well as the associated negative consequences.
2. To assist each client in assessing his or her own personal substance use to determine as appropriate action plan/referral to influence further drinking and driving.

Information will be gathered from you using questionnaires, interviews with program staff and group sessions. At the end of the program, your facilitator will meet with you to share his/her perceptions and concerns about your alcohol/drug use. **If your facilitator determines that you have established a harmful use pattern, a recommendation for additional treatment beyond the Alcohol Education Program will be made to the referring court. The final of the AEP may or may not be the conclusion of your court or agency involvement.**

REGISTERING FOR AEP

You have the choice to register for the Alcohol Education Program in person or online. OneEighty is located at 104 Spink Street, Wooster, OH 44691. OneEighty is open for registration Monday, Tuesday and Thursday from 8:00am–7:00pm and on Wednesday and Friday from 8:00am-4:00pm. Our website at <http://www.eventbrite.com/e/72-hour-alcohol-education-program-presented-by-oneeighty-inc-formerly-steps-registration-13827278763>.

When you arrive at OneEighty to register, please plan to spend 20-25 minutes completing the necessary paperwork. You will need to bring with you:

1. All of your court documents (including Court order with case number, copy of your ticket, BAC documentation, and Photo ID)
2. Payment – total cost of the program is \$350.00. The entire fee must be paid by personal check, cash, cashier's check, money order, or credit card on the day of registration. This fee covers sleeping accommodations, assessment, education services and eight meals. You will not be registered for AEP without making full payment. If you pay with a personal check, it must be made early enough to clear your bank before the start of the program.

Information on Cancellations and Refunds can be found later in this document within the AEP Program Rules & Regulations.

YOU ARE REGISTERED FOR THE ALCOHOL EDUCATION PROGRAM DATES:

Thursday, _____ 5:00-5:30PM – please be one time
through **Sunday, _____ 6:00PM**

Program Location: OneEighty, Gault Liberty Center, 104 Spink St. 2nd Floor, Wooster, OH 44691

PACKING & PREPARING FOR THE AEP PROGRAM

THINGS TO BRING:

- ✓ Medications, prescribed and over-the-counter
 - If you take medication prescribed by your doctor, make sure that you bring it in the labeled prescription bottle, indicating the medication name, how often you are to take it and the prescribing physician's name. **Bring only enough medication for the weekend.** You will be allowed access to your medication upon request or according to the prescription label instructions at any time during your stay. It will be returned to you at the completion of the program.
 - If you take over-the-counter medication, you will only be permitted to ingest the recommended dosage on the bottle/package – regardless of the amount you may typically take, unless you have a doctor's prescription for taking varying doses. It must be in the original packaging.
 - If you have a cold or the flu and are taking an over-the-counter decongestant, cough suppressant or expectorant, make sure that it *does not contain alcohol*. You will not be allowed to take any cough or cold medication containing alcohol (e.g. Vicks, Nyquil, Daytime, Formula 44, etc.) during the 72-hour period.
 - If you are likely to get headaches or other common aches and pains, you will need to bring pain medication (Tylenol, ibuprofen, etc.) We recommend a new unopened bottle. Staff **cannot** dispense any medication to you other than what is yours.
 - **Only bring enough medication for the weekend.**
- ✓ A towel, washcloth, flip flops or shower shoes, and other toiletries that you may need.
- ✓ A heavy blanket during the fall/winter months and your favorite pillow. Temperature is kept at approximately 68-72 degrees in the doors and classrooms. OneEighty will provide a flat sheet, fitted sheet, pillowcase, pillow, and a light blanket.

- ✓ Clothing for the three-day program (undergarments, shoes, socks, shirts/blouses, jeans, slacks, etc.) – casual dress (jeans, tennis shoes, etc.) is acceptable. You will be sitting a great deal of the time. Consider wearing layers. Room temperatures fluctuate.
- ✓ Books, magazines, newspapers, cards or something to keep you occupied during non-program hours and free time. A selection of movies is located in the “common room” on the Lower Level dorms to watch during free time. Each day you will spend time waiting for interviews, etc. Please bring appropriate materials to keep yourself occupied.
- ✓ You may want to bring an alarm clock with you if you are accustomed to using one. Clock/radios, cell phone alarms, or stereos are not permitted. AEP security personnel will provide a wake-up call at 7:00 a.m. each morning. Lights out are 11 p.m. Each individual must sleep in his or her assigned room.
- ✓ A cushion or pillow for your chair, there will be a lot of sitting and the chairs can become uncomfortable, if desired.
- ✓ Ear plugs, if you are a light sleeper.
- ✓ Cigarettes, if you smoke. (Chewing Tobacco is allowed but discouraged and will only be allowed during smoking breaks.)
- ✓ Snacks and drinks, in the original unopened containers. You may want to bring \$15.00-\$20.00 to buy extra snacks or soda from the OASIS Recovery Club.
- ✓ Name, address, phone, and FAX number of court or agency that we will need to get information to upon completion of this program.

THINGS NOT TO BRING:

- ☒ Alcohol or any other illegal drugs or drug paraphernalia.
- ☒ Any prescription drug not prescribed to you.
- ☒ Any drug/substance, including over-the-counter medicines, not in their original packaging or the proper prescription packaging with the original prescription label.
- ☒ Personal care items that contain **alcohol**: mouth wash, after shave, perfumes, colognes, body spray, hand sanitizer, etc.
- ☒ Any Electronic devices – including **cell phones**, laptops, radios, alarm clock-radios, pagers, personal video players, MP3 players, video games, iPod, or any type of readers. If you bring any of these items they will be locked up for the weekend and given back to you at the end of the program.
- ☒ Any weapons (firearms, knives, sprays, devices, etc.)
- ☒ Excessive valuables (e.g. expensive jewelry, excess amount of money, etc.). Your rooms may be locked during the day and opened by a staff member or security at night. Even though only you and your assigned roommates will have access to your room, this does not guarantee that items of value will not disappear.

- ☒ Any articles of clothing (hats, T-shirts, etc.) which advertise/promotes alcoholic beverages, drug use or taverns, lounges, etc. We also discourage the wearing of seductive clothing or sleeveless shirts that expose tattoos. Shoes must be worn at all times until lights out at 11:00 p.m.
- ☒ Chewing tobacco is discouraged and can only be used at smoking breaks outside.
- ☒ No electronic cigarettes or vaporizers.

Baggage and materials brought to the driver intervention program will be inspected to ascertain that they do not contain contraband (see above). Any materials deemed inappropriate by program staff will be locked up by staff at the start of the program during check-in orientation and returned at the end of the program.

DIRECTIONS

The Gault Liberty Center is located on the corner of Spink Street and Liberty Street – Address is 104 Spink Street, Wooster, Ohio, 44691.

From the North: Take Route 57 South toward Orrville. At 4-way traffic light (Rt. 585), turn right from Rt. 57 onto Rt. 585 (Akron Road). Take Rt. 585 through Smithville, toward Wooster. Once into Wooster, continue along Akron Road (you will pass the Artiflex Company-formerly Gerstenslagers). Akron Road will turn into Bowman Street. At the 4-way traffic light of Bowman and Spink Street, turn left onto Spink. At the end of Spink Street, OneEighty is in the Gault Liberty Center is a three story brick building located on the right at the stop sign (104 Spink). The building entrance is on the side of the building facing Spink Street. Parking is located next to the building.

From the East: Take Rt. 30 West toward Wooster. Once in Wooster, continue straight on Rt. 30, until you come to the Madison Avenue Exit, Rt. 302. At the light at the top of the exit ramp turn right. You are now on Bever Street. You will drive under an old railroad bridge, and continue straight on Bever Street until you come to the traffic light at West Liberty Street. Turn right onto West Liberty. Take Liberty to Spink Street (on your left). OneEighty is in the Gault Liberty Center building is a 3 story brick building on that corner of Liberty and Spink. Turn left onto Spink and park in the lot next to the building. The entrance is on the side of the building facing Spink.

From the South: North on Ohio SR 83 which becomes SR 302, which becomes Madison Avenue as you pass Ohio Agricultural Research & Development Center. You will then be on an overpass spanning Rt. 30 when Madison Avenue then becomes Bever Street. You will continue straight until you come to East Liberty Street. Turn right onto E. Liberty Street, take it to the end (**do not cross the railroad tracks**) and turn left onto Spink Street.

OneEighty is in the Gault Liberty Center is the three story brick building (104 Spink) on your left. Park in the lot next to the building.

OR....

North on OH Rt. 3 to Wooster, you will cross over US 30 then Rt. 3 will become Cleveland Road. Take Cleveland Road to the traffic light at West Liberty Street (The County Administration Building is on your left.) Turn right onto West Liberty Street and take Liberty to the end (**do not cross the rail road tracks**). Turn left onto Spink (104). OneEighty is in the Gault Liberty Center, a three story brick building on your left. Park in the lot next to the building. Entrance to the building faces Spink Street.

From the West: Take Rt. 30, East toward Wooster. Continue straight on Rt. 30 East to Rt. 2 the Madison Avenue Exit, Rt. 250/302. At the traffic light at the top of the exit ramp turn right onto Bever Street. Continue straight until you reach East Liberty Street. At that light, turn right and take it to the end (**do not cross the railroad tracks**). Turn left onto Spink Street (104). OneEighty is in the Gault Liberty Center, the three story brick building on your left. Park in the lot next to the building. Entrance to the building faces Spink Street.

ARRIVAL AND CHECK-IN

AEP check-in begins at 5 p.m. The AEP begins ***promptly*** at 6:00 p.m., **please arrive no later than 5:30 p.m. to complete the check-in process**. If for some reason (long drive from work or home, snowstorm, road construction or other delay), you know that you will likely be unable to arrive at the Gault Liberty Center by 5:30 p.m., please call the OneEighty's AEP Coordinator, to inform her/him of your expected late arrival. If you call before 4:00 p.m. please call 330-264-8498, ext. 3300, after 4:00 p.m. please call 330-264-8498, ext. 6000.

Anyone arriving after 6:00 p.m. will not be admitted regardless of the reason for being late. When you register for the program it is expected that you will make the necessary work or family arrangements in advance so that you arrive at the Gault Liberty Center no later than 5:30 p.m.

Be certain to eat before arriving. Dinner will **not** be served Thursday evening. Your first program meal will be Friday breakfast.

When you arrive at OneEighty on Thursday, bring your all luggage and belongs you brought for the program, and enter the Gault Liberty Center through the front lobby entrance. **Report to the second floor no later than 5:30 p.m.**

Upon arrival and your luggage checked by a OneEighty staff member to ensure that you are not bringing any inappropriate items into the program. Please see ***"Things Not to Bring"***.

You will receive your room assignment at this time and any medication (prescription and over-the-counter) will be logged and kept in a locked cabinet throughout the program.

THE PROGRAM

- You will be supervised by an AEP staff during the entire 72-hour program. Close staff supervision is not intended as an insult or indication of distrust. We supervise closely to ensure a successful, safe weekend for all participants.
- Prior to the beginning of the AEP program, you will be assigned to a Program Facilitator. This Facilitator is your official contact person during the program. Any problems, concerns or issues that arise during the weekend should be brought to his or her attention.
- Each Program Facilitator has a group of clients for whom he or she is responsible for the weekend. You will meet with your Program Facilitator on the following occasions throughout the weekend:
 - On Thursday evening for approximately 20 minutes between the hours of 6:30-9 p.m. for an individual intake interview, during which the Facilitator will review pertinent information contained in your AEP program file (completed at the time of registration). You will be asked any additional questions needed to clarify or expand upon your file information.
 - On Friday, Saturday and Sunday in small group discussions facilitated by your Program Facilitator. You will be given written assignments to complete during the weekend and discuss these assignments during the small group discussions.
 - On Friday, Saturday or Sunday for another individual session with your Facilitator, if he/she believes it is necessary to further clarify your personal or historical information related to your reported alcohol or other drug use.
 - On Saturday, during the Family/Significant other portion of the AEP, your Facilitator will speak with you and your family member/significant other for approximately 20 minutes.
 - On Sunday afternoon for an individual exit interview, approximately 20 minutes, during which your Program Facilitator will share with you his or her follow-up recommendations for your alcohol or other drug use based upon the screenings, and individual and group sessions. At this time, you will sign the program “Discharge Agreement”, which simply gives you the opportunity to express your opinion of your Program Facilitator’s recommendation of your alcohol or other drug use and the subsequent follow-up recommendation(s). The “Discharge Agreement” is not a legal document and will not be sent to the referring court.

FAMILY MEMBER/SIGNIFICANT OTHER PARTICIPATION

Family participation in the Alcohol Education Program will be held on **Saturday from 1:00 p.m. to approximately 4:00 p.m.** at OneEighty in the Gault Liberty Center (directions are included in this booklet). Your family member/significant other (spouse, relative, close friend), should plan to attend during this time. Family members/significant others who participate in the program must be at least 18 years of age. It is important you and your family member/significant other make the necessary arrangements (childcare, work times) to assure that attendance is definite. **It will be noted in the report to your referring court whether or not you had a family member/significant other present for programming. It is strongly recommended that you comply.**

Family members will be able to gain access to the Gault Liberty Center at between 12:45 and 1 p.m. Family members will check in with the AEP staff member located on the first floor of the building before attending the afternoon educational presentations on the second floor. No one will be admitted join the AEP sessions before 1:00 p.m. Please inform your family member/significant other of admission times.

Saturday afternoon will consist of the following, which will be attended by you and your family member/significant other:

- 1:00 – 2:00 PM Family Affairs, Family Characteristic, Co-dependency and Social Consequences of Alcohol and Drug Use
- 2:00 – 2:30 PM Al-Anon Speaker
- 2:30 – 4:30 PM Support Person/Client Interview time.

****Family members must depart immediately after the Support Person/Client Interview time.**

OTHER PROGRAM NOTES

- You will not be permitted use of the telephone during the AEP unless approved by an AEP staff member. Social calls will not be permitted. In case of emergency (death or serious illness/injury of a family member or significant other), family members should call **330-804-5854** and the message will be forwarded so you may respond to the situation as needed.
- No smoking will be permitted in any part of the Gault Liberty Center building, this includes, but not limited to, the training rooms, living quarters, restrooms, showers or eating areas. Breaks will be provided so that you may have a cigarette on the rear patio area. This includes smokeless tobacco. Smoking breaks are a courtesy provided to you

by AEP staff. *Breaks are not guaranteed on any regular schedule and will be discontinued completely if anyone in the group abuses smoking privileges.*

- Please direct questions or concerns to OneEighty AEP Program Coordinator at 330-264-8498, extension 3300, *do not call this number after 5PM.* After 5PM, please direct your calls to 330-264-8498, extension 6000. Should you have an emergency please call 330-804-5854.

PROGRAM RULES AND REGULATIONS

1. The 72-hour Alcohol Education Program (AEP) is designed to provide you with educational information and professional assistance in assessing your alcohol and other drug use. AEP personnel are not here to judge you, to punish you or to intimidate you. You will be treated with courtesy and respect by all AEP staff. We, in-turn, expect that you will cooperate fully with AEP staff and convey the same level of courtesy and respect that is extended to you.
2. Registration and payment information can be found earlier in this packet.
3. Cancellations and Refunds – You may cancel your reservation for the AEP no later than 7 days prior to your program date. A refund of \$250.00 may be requested upon your cancellation. You should expect your refund to be mailed to your address 4-6 weeks from the cancellation date. If you cancel your program date within seven days prior to your registered program, you forfeit the entire \$350.00 program fee. If you register for AEP, and pay the program fee, then you do not show up at the Gault Liberty Center on Thursday for the actual 72-hour program, you forfeit the entire \$350.00. If you reschedule your program date within the 7 days prior to your registered program date, you will be charged a \$100.00 reschedule fee. Admission to the Alcohol Education Program shall not be denied because an individual is indigent as long as public funds are available to cover the cost of the program.
4. In order to maximize your comfort level during the 72-hour program and to minimize the possibility of your experiencing withdrawal symptoms from alcohol or any other mood-altering drug, we strongly recommend that you abstain from alcohol and any other mood-altering drug you may be using (unless, of course, it is prescribed by your physician) for a minimum of 3-5 days prior to the start of the 72-hour program. If you appear to be experiencing significant withdrawal symptoms from alcohol or any other drug (or other medical problem/emergency) during the 72-hour program, please inform the AEP staff immediately. The AEP staff member will take appropriate action, including summoning Wooster EMS to evaluate any perceived attention to the Wooster Community Hospital's Emergency Room. You will be liable for payment for any such treatment received from the Wooster EMS and for Wooster Community Hospital Emergency Room Staff.

5. If, during the check-in process at the start of Thursday's AEP, you are suspected to be under the influence of alcohol (including having the odor of alcohol on your breath), AEP staff will take the appropriate steps to resolve the problem, up to and including dismissal from the program.
6. No alcohol or other mood altering, non-prescription drugs are permitted in your possession at any time during the 72-hour program. If it is suspected during the program that you are in possession of or under the influence of alcohol or any other non-prescription, mood altering drug, AEP staff will conduct an investigation. Such investigation may include a search of your room/personal effects and request that you submit to a Breathalyzer test to confirm presence or absence of alcohol in your system. If such steps confirm that you have in your possession or have ingested alcohol or any other illegal, non-prescription drug, you will be immediately discharged from the program and your referring court will be notified that you did not complete the Alcohol Education Program.
7. Failure to comply with the 72-hour AEP rules and regulations, disruptive or physically aggressive or belligerent behavior displayed toward AEP staff or another program participant will not be tolerated and shall be grounds for discharge from the program. No refunds will be given.
8. Prior to the start of the 72-hour program, the AEP Program Coordinator will assign you a roommate(s). If, during the course of the program, a significant problem/conflict arises between you and your assigned roommate, please report this to your Program Facilitator. If you have a legitimate medical or personal reason for requesting a single room, please make the AEP Program Coordinator aware of this need at the time of your registration and it will be given consideration in making room assignments. If you require some type of special room accommodation because of a physical handicap or disability, please make the AEP Program Coordinator aware of this also.
9. AEP participants and consultants will eat their meals in a separate dining area adjacent to the training rooms. You must be present in the dining room for all program meals, unless otherwise instructed by your Program Facilitator for reasons of personal illness, etc., AEP attempts to provide balanced, nutritious meals. If you require a special diet because of a legitimate acute or chronic medical condition (not just because you are trying to eat healthier foods or attempting to lose weight), please make the AEP Program Coordinator aware of this at the time of registration. You cannot order room service or carryout food deliveries to you from areas restaurants or pizza shops.
10. If you have driving privileges and drive a car to the program, make sure that you bring all of your luggage, etc. into the Gault Liberty Center with you on Thursday at 5:30pm check-in. Once in the Gault Liberty Center you will not be permitted to return to your car to retrieve forgotten items, unless accompanied by a program staff member.

11. Family members or friends will not be permitted to bring items to you while attending AEP. If you require essential items like a towel, toiletries, or clothing that you have forgotten, please see a program staff member.
12. Once you check in on Thursday, you must remain in the Gault Liberty Center for the entire 72-hours and may not leave the premises unless otherwise instructed (e.g. family emergency, personal illness, etc.) by the AEP staff. You may not go outside the Gault Liberty Center unless it is for a smoke break at the rear of the building and only while accompanied by a program staff member.
13. Visitors are not permitted during the 72-hour program.
14. If a family member needs to contact you during the program session regarding a family emergency (death in the family, serious illness/injury) have them call **330.804.5854** and leave a message. The message will be forwarded to you. Otherwise, you will not be permitted to leave the program activities (lectures, films and small group discussions) to take or make personal phone calls.
15. No cellular phones, laptop computer, other computers, video games, movie videos, radios, CD, readers, electronic cigarettes or tape players, iPods, iPhones, MP3 Players, or pagers will be allowed at the program.
16. Only you and your assigned roommate(s) are permitted in your assigned room. You may not entertain other AEP participants in your room or visit with other participants in their rooms. If you wish to socialize with other program participants (e.g. play cards, watch provided movies, visit), you may do so in the day room area on the lower level. Everyone must be in his or her assigned room at 11:00pm for room check. You are permitted to leave the room to use the restroom/shower, or inform security in case of illness, injury or emergency. Windows should be closed and locked at all times, with the window shades drawn. Any violation of these policies is grounds for discharge from the program.
17. No property damage or vandalism will be tolerated during the AEP. If you are found responsible for property damage or vandalism in or around the Gault Liberty Center, you will be dismissed from the program immediately with forfeiture of the program fee. In addition, your probation officer will be notified of the violation and a police report will be made. There is a check-in/check-out procedure in place to ensure that building damage is documented and individuals are held responsible for building damage.
18. AEP participants will use the stairways only during the course of the program. The elevator is off limits. In the case of disability, a staff member will escort the participant during elevator use.
19. It is expected that your attitude and behavior throughout the 72-hour program will be appropriate and consistent with the serious focus of the program's purpose. While we

encourage participant interaction in classroom activity and in small group discussion sessions, the AEP is not the appropriate setting in which to seek a date, find a mate, or to conduct normal business related activity. If the program staff observes that you are focusing your attention on another program participant or preoccupied with “people, places, or things” external to the program, your instructor will meet with you to make you aware of the unacceptable attitude or behavior and request that you redirect your attention to the program objectives. If the attitude/behavior identified as unacceptable persists, you may be discharged from the program for failure to comply with program expectations.

20. You will not be permitted in any other area of the Gault Liberty Center except those areas on the lower level and second floor of the Gault Liberty Center, and will only be permitted in designated areas with the permission of an AEP staff member.
21. You must be on time for all program sessions and wear AEP badge during program hours and complete all assigned homework according to Facilitator directions. Failure to complete program assignments thoroughly and completely will result in your being referred for further follow-up services because of inability during the 72-hour program to accurately assess or document your alcohol or other drug use.
22. Proper hygiene is expected of all AEP participants throughout the weekend (e.g. shower). Clothing with alcohol/drug advertisements, inappropriate/negative messages is not permitted.
23. AEP employs a night security person between the hours of 9:00 pm and 8:30 am throughout the program weekend. The security person is present primarily to ensure the safety of both AEP program participants and staff in the event of an emergency (fire, disruptive program participants, and program participant illness or medical emergency, etc.). The security person will conduct a room check between the hours of 11:00 pm and 11:30 pm and at other times as needed, each night to ensure that all AEP program participants are in their assigned rooms. He/She will then be stationed in the hallway of the lower level of the Gault Liberty Center, where the sleeping and living quarters are located. If you experience some problem (personal illness, noisy occupants in adjacent rooms), you will need to call the security person and inform him/her of the problem. If necessary, the security person will contact the Community Health & Wellness Director to help resolve the problem. AEP security person is also present to ensure that program participants comply with the requirement that you remain in your assigned rooms between the hours of 11:00pm and 7:00am. Any violation of this rule will constitute grounds for discharge from the program.
24. Under no circumstances will any form of gambling be permitted at any time during the 72- hour AEP. This includes card playing for money, poker chips or any other activity which may be construed by AEP staff/security to represent gambling. Violations of this

policy will result in immediate discharge from the program and forfeiture of your entire program fee.

25. Breaks will be provided during the course of the day to get snacks/beverages, use the restroom and smoke. The smoking area is located on the rear, outdoor patio. You may use this area only when an AEP staff member is in attendance and only during designated break times. You are expected to return from your break time on time for the next presentation.
26. It is your responsibility to understand and abide by the above AEP rules and regulations.
27. Please ask for clarification of any of these rules from an AEP staff member if something is unclear. Ignorance of or misunderstanding of these rules does not remove the responsibility for the consequences of your behavior during the 72-hour program.
28. AEP staff reserves the right to add, delete, or modify rules and expectations at any point in the weekend in order to ensure consistency, safety and security for participants and staff.

CLIENT RIGHTS POLICY

1. The right to be treated with consideration and respect for personal dignity, autonomy and privacy.
2. The right to be informed of one's own condition.
3. The right to be informed of available program services.
4. The right to give consent or to refuse any service.
5. The right of freedom from unnecessary physical restraint or seclusion.
6. The right to be advised and the right to refuse observation by others and by techniques such as one-way mirrors, tape recorders, video recorders, television, movies or photographs.
7. The right to consult with an independent specialist or legal counsel at one's own expense.
8. The right of confidentiality or communication and personal identifying information with the limitations and requirements for disclosure of client information under state and federal laws and regulations.
9. The right to have access to one's own client record in accordance with program procedures.
10. The right to be informed of the reason(s) for terminating participation in a program.
11. The right to be informed of the reason(s) for denial of a service.
12. The right not to be discriminated against for receiving services on the basis of race, ethnicity, age, color, religion, sex, national origin, sexual orientation, socio-economic status, disability for HIV infection, whether asymptomatic or symptomatic, or AIDS.

13. The right to know the cost of services, if applicable.
14. The right to be informed of all client rights.
15. The right to exercise one's own rights without reprisal.
16. The right to file a grievance in accordance with program procedures.
17. The right to have oral and written instructions concerning the procedure for filing a grievance.

STATEMENT OF CONFIDENTIALITY

Confidentiality is a vital component to providing quality services. Clients expect an assurance that what they discuss privately will be held in the strictest confidence. This assurance once conveyed, is often a prelude to the development of trust, which is central in the therapeutic setting.

In order to ensure that confidentiality is maintained, its importance will be emphatically conveyed to every full and part-time employee, volunteer, intern and client. If violations of confidentiality are noted, termination of employment shall be considered. In the case of a client who is a member of a therapy or task group, his/her expulsion from the group is an option open to group leaders and members. If the breach of confidentiality is initiated by a volunteer, their services will be terminated.

Release of information shall be obtained from the client, or the client's legal guardian if he/she is a minor, before any information concerning the client is divulged. The form shall specify the extent of and nature of information being disclosed, reason for the disclosure, the name and affiliation of the persons giving and receiving the information, and the expiration date of consent according to the rules established by Federal law with regard to alcohol and drug records.

When consent is given, information released will pertain to that which has been accumulated through the client's involvement with OneEighty. Reports from other agencies will not be released in total, nor will they be summarized, though it is permissible to mention that they exist.

In accordance with the Ohio Privacy Act (Amended Substitute Senate Bill No. 224, Section 1347.08), a client may request and obtain medical, psychiatric or psychological information concerning himself/herself, unless a physician, psychiatrist or psychologist determines for the agency that the disclosure of information may have adverse effect on the person

In this case, such information would be released to a physician, psychiatrist or psychologist designated by the person or by his/her legal guardian. A person may request such

information only once in every calendar year unless rules of administrative services or the Ohio Privacy Board permit more frequent inspections.

These laws do not apply to information compiled in reasonable anticipation of a civil or criminal action, nor do they apply to records pertaining to an adoption, except in cases where the court grants consent.

It is permissible to break confidentiality in cases where the life and safety of the client or the life and safety of another person is seriously threatened. Then, only the information which is necessary to ensure the protection of the client and/or other persons is allowed. The Federal rules specify exceptions in these cases.

In order to protect the security of case records, the staff will collect all files and lock them up at the end of each working day. It is the responsibility of each therapist to cooperate and comply with regulation. Case records shall not be removed from the facility. Anything containing client information or employee protected health information is not to be removed from the premises unless it is to another agency facility and transported in a locked briefcase. Otherwise, no client specific or employee protected health information is to be taken from the agency. All employee protected health information is to be filed and kept in a locked file cabinet to ensure security and privacy.

The confidentiality of client records maintained by this agency is protected by Federal Law and Regulations (42 CFR Part B, Paragraph 2.22). Generally, the agency may not say to a person outside the agency that a patient attends the program, or disclose any information identifying the patient UNLESS:

- 1) The client consents in writing
- 2) The disclosure is allowed by a court order
- 3) The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program, evaluation
- 4) You are a physical threat to yourself or someone else
- 5) Suspected child abuse or neglect